

What Are You Doing With Your Spiritual Gifts?

Guest: Brandy Vega

Shelley Hunter: You're listening to the *Faithful Career Moves Podcast*, I'm your host, Shelley Hunter and this is the place where we talk to people who have found the career they were born to do and recognize God's hand in the process.

Welcome to Episode 38 of the *Faithful Career Moves Podcast*. I'm happy to introduce you to a remarkable woman Brandy Vega. She's a former on-air television news reporter, an entrepreneur, and a media guru who also happens to have the envied position of producing shows for the Church of Jesus Christ of Latter Day Saints including General Conference, Music and the Spoken Word, the Tabernacle Choir's annual Christmas concert and more.

Before we get into the episode, I also want to warn you that we will be discussing a sensitive topic. Brandy launched a nonprofit organization that pivoted into suicide prevention and mental health services after her daughter attempted to take her own life. If you or someone you know is struggling, please visit gooddeedrevolution.org to find helpful resources and skip past this episode if it's too much for you.

With that, let's get to the backstory. I asked Brandy to start us off with what she does for a career.

Brandy Vega: I own a video production and media company and I also have a nonprofit called Good Deed Revolution.

Shelley: Take me through the journey.

Brandy: [laughs] Oh, buckle up. When I was 10 years old, I remember sitting back and I was watching the news and I thought, "Wow, I want to be a news reporter. Look, they look pretty, they get to be on TV, they're telling stories, they're doing fun stuff," so at 10 years old I decided that's the job that I wanted and then I just started working for it. I came from a dysfunction, I guess most of us do but it was a little bit tricky in my life. My parents didn't have much education, my mom was a single mom, so I started in high school and junior high just taking media courses and newspaper courses and trying to learn everything I could. Then I knew college wasn't going to be an option unless I figured out a way to pay for it. In my senior year of high school, I got a call from a military group saying, "Hey, what are you going to do with your life after you graduate?" I said, "I'm going to be a news reporter." They said, "Do you know we have that in the Marine Corps?" I said, "No, I didn't. I didn't grow up around the military, didn't really know much," and they said, "Well, would you be interested in learning about it? You could actually be a reporter in one year instead of four."

I thought, "Wow, and they would pay me for it," so fast track get paid for it. I went to go meet with the Marine Corps beginning of my senior year, drove around, couldn't find the place, I was late, finally saw a recruiting sign, I went running in and said, "Sorry I'm late." They said, "What's your name?" I told him my name. They said, "Have a seat." Long story short I ended up joining the Army.

[laughter]

About five weeks later I ended up having to do a bunch of tests.

It was funny because the Marine Corps called me back the next day and they just said, "Hey, you never showed up." I said, "Sorry, I went to the wrong recruiter." Now if I would have been really lucky it would have been the Air Force. I ended up joining the Army at 17, I graduated high school 6 months early and left for boot camp and I was a broadcast journalist and public affairs specialist in the military. I got all my training, came back as a reservist, and ended up working in TV News at 18 and actually landed an on-air reporting job for *Fox News* at just 20 years old and I was actually the youngest reporter they had ever hired.

Shelley: Wow. You're living where at the time?

Brandy: I'm originally from Arizona, we had moved to Utah so I graduated from West Jordan High School and then I joined the military here in Utah. I went to boot camp at Fort Jackson, I went to my advanced training in Maryland, and then I moved back here then I moved to Phoenix, but my first on-air reporting job was *Fox 7 News* in Rapid City, South Dakota.

Shelley: I didn't see any of this coming. You're in news, you're really young for this.

Brandy: Yes. I was really a young reporter there working and ended up getting back into Utah. I worked in TV for a lot of years, I got out of TV in 2010 and took an executive job with a company. I was doing a story actually with the CEO, they were getting deployed to Haiti after the quake and everything and they actually offered me a job to hire me full-time, so I left TV and got hired as the vice president of media marketing and sales for this national company.

Shelley: Wow.

Brandy: I did that about three or four years and I thought it was great and then I learned how to build a business and I thought, "Gosh, I should be building my own

business. That would be better." I ended up getting out of TV in 2010 and then I started my own company in 2013.

Shelley: It's interesting because I think when we're younger we have that vision like you just said I'm going to be a reporter because that's all you can see. If you're somebody who likes being in plays and theater you think I'll be an actress. You can only see one aspect of it, but because you went into it, it allowed you to see that there were other ways in which you could use that expertise and talent.

Brandy: Yes. That was all I saw at the time. It was all I ever wanted to do and it's so funny how things work out completely different. Actually, my dream was to go be the next Katie Couric. It just didn't work out because I was in the military and got deployed and I wound up getting pregnant and got married and that changed everything for me. It changed all my hopes and dreams. I was planning to move to New York and then next thing you know I'm married with a baby and that changes your plans.

Shelley: Yes. When it changed your plans, did you feel derailed?

Brandy: I always trusted that Heavenly Father had a plan for me but at that point, I was pretty devastated. I was super excited to have my baby, my little girl but also I had worked so hard to get my resume tiered and my experience back up and I was really looking forward to moving to New York and hitting my career path hard. It just shot me back on my heels and I had to reevaluate so it was a rough year. It really was.

Shelley: Did you take some downtime, was there a time to pivot, "Okay, I got to figure out another way to do this."? What did it look like in the middle?

Brandy: It's funny because we all have I think an ideal when we're younger of what we're going to do and even I'm going to get married and have four kids or three kids. I had a situation where it wasn't ideal. I made some choices that also weren't ideal and I ended up getting married when I was six months pregnant with my daughter and then when she was about a year old we split up. I had moved to Tennessee, I didn't know anybody, it was very hard and then I came back to Utah and now I found myself a single mom with a one-year-old trying to figure out what does life look like, what am I going to do?

Luckily I was able to get back into TV here and I had some family support and I just navigated the waters but it was tricky. Then around three years after that, I got married again and you learn a lot of lessons along the way and that one ended up also not working out. Thankfully, I'm happily married now and things are good but you sometimes don't get the ideal house and life and husband and relationship and it makes you stronger.

Shelley: Yes. It sounds like you're at the ideal now but you probably weren't going to get there without going through this because you had big dreams.

Brandy: Yes. I had huge dreams. I wanted to really do this broadcast thing in a big way and then I, after my daughter, had to start a little bit back. I went from reporter and anchor to multimedia journalist shooting and editing. It was a little bit of a backstep and then I had to move forward again and push through it. Then when I got out of TV and stuff, I just had no idea actually that life could be this good, that I could create my own company and still do all the things I love.

Shelley: Did it start to feel like things were coming together then?

Brandy: Yes. Actually, I've been an on-call or freelance employee for the LDS church for 19 years now. When I got back here, I was trying to get hired on and it just wasn't happening, wasn't happening and then as I was working for ABC I landed a job with the ABC affiliate, and I got tasked to cover Elder Maxwell's funeral. When I went there I ended up meeting some of the right people and ended up getting hired on as an on-call for the church and that was 19 years ago. During that time, I was still working in TV and I was working at my other executive job.

I was realizing while I was doing that, that I had all these other freelance opportunities and I started figuring out, "Gosh, if I had 5 or 10 of these a month I can replace my salary and just be doing freelance work." What I did is I saved up from my executive job, I saved up enough where if I didn't make \$1 for a year I could still pay my bills and if it didn't work out, I could go back to work. I thought okay, I have a year's worth in the bank if worst case scenario and that's when I decided I'm just going to try this and see if I have enough work and connections that I've made to run my own business.

Shelley: I love that. People often ask me how I find the guests for this podcast. I found you on LinkedIn. A shared connection of ours commented on something you posted about working for general conference. When I saw that, I thought I have to talk to this woman, because I've always wondered who is working for the church in that capacity.

Brandy: Yes, it's been amazing. I love it so much. I've done a little bit of hair and makeup. I've done some producing and associate producing, but for the bulk of what I do is I run camera. I work on music in the spoken word, general conference, mission president seminar, some of the face-to-face, the youth broadcast, and the kid broadcast. It's just been the best experience ever because I wasn't raised a strong member of the faith.

I'm pretty confident if I hadn't had the experience that I've had with prophets and apostles in our church, that I probably would've quit organized religion. I just am so thankful to not only get to do things that I love, but also to gain a true testimony and faith-building experience by working with incredible people all the time.

Shelley: I can't imagine. It's so important work what you're doing because you're sharing the messages of prophets and worldwide and giving hope to people.

Brandy: It's pretty cool. It's been a huge blessing. In fact, my little son who I adopted through foster care, his middle name is Monson after my favorite prophet. I just loved

him. I feel like he set a special prayer for my daughter when she was getting surgery. I witnessed miracles in her life and I had faith-building things that could never make me deny our Father in heaven. That was really incredible. I had some amazing experiences with Elder Bednar, and that's why I started my nonprofit in 2015. It's really been quite a wild journey that I would've never expected.

Shelley: Here's a thought that came to me this week while I was studying my scriptures and now listening to you, I realize it was preparing me for this interview. I'm in first Nephi in the Book of Mormon, where it's mentioning multiple prophets at that time. I thought to hear a prophet in the days of old, you had to actually be near one, like literally within the sound of their voice. Here you are helping amplify the voice of prophets literally to the ends of the earth.

Brandy: Yes. It is pretty amazing. I know you wanted to touch on the nonprofit, but I have to tell you how it started because that's what it was about. I was doing a broadcast about the impact of social media and how it's so critical and important that we use it for good and that we're doing all this and that we're touching souls around the world. Elder Bednar was there, he was a speaker and he came up to me and he goes, "Hey, Brandy, what spiritual gifts did Heavenly Father give you?" [laughs] I'm like, "Can I phone a friend?"

It was just interesting because up until that point, I don't know that I had ever thought about it. It was just such a bold, blunt question which he is famous for and I said, "Well, I knew I wanted to be in journalism and broadcasting at 10 years old and so here I am. I'm helping you and the church get their message across to the world and to the people." He's like, "Yes, that's good." I said, "And I always loved philanthropy and doing humanitarian work." We just grew up so poor that at five years old I was selling rocks on the side of the road and cleaning up after dogs and doing whatever it took so that I could buy food.

I've always had a very soft spot in my heart for helping people who are struggling. He goes, "Well now that's great. Those are really good things." I said, "I think those are my gifts." He goes, "Well, what are you doing then with them?" Said, "Well, I'm here and I'm helping people." He said, "Basically, that's not enough." I was like, "What?" He goes, "Heavenly Father gave you those gifts so that you could reach all ends of the earth so that you can bring light and goodness and love to people around the globe. You need to do more with the gifts he gave you."

Shelley: Holy cow.

Brandy: Yes. I was like, "Okay." That's how I founded Good Deed Revolution and our whole mission was to bring light, hope, good deeds, and pay it forward and share that with people around the globe. That's what we initially did and what we started, but it was because of that conversation, it was because I was working on this broadcast that I just feel like what a blessing it's been to be able to use that not just magnify those gifts within a specific job or calling, but to also create and use it to do even more, even if it did take a slight push or significant push from a profit.

Shelley: What it sounds to me though is it was actually permission also?

Brandy: It might have been because I don't know without that push that I would've done it. Here we are pushing on eight years down the road and we've been able to help so many people and change lives and just make a real difference. If he hadn't asked me the hard questions, and I try to ask people that, I would ask you that, Shelley, like, "What is your spiritual gift and what are you doing with it?" And people who are listening.

Shelley: Well, I'm going to answer it because you said that, and I thought a lot about this because it's really only something I've come to realize in the last couple of years. I love to communicate with people. I love to communicate a message, actually, to share insights on the things that I learn and think that'll help people. I also have this weird gift for seeing the big picture. When somebody's struggling, they're often mired in the details, but somehow I see a pattern in their lives that they can't quite see for themselves. Once I point that out, it actually helps them feel better and they feel empowered to take their next steps. Even in my days of what am I doing? I have a full-time job, I don't have time for this.

I can't stop doing it. This isn't about money for me. This is about helping other people recognize that God has a hand in their lives too. I see the messiness of everything you described in the way you described it. I see as it can feel so hard when you're in the moment of, "What am I doing. All this stuff, there's so much work," but when you get to where you are now, it all is stairsteps. You never would've had that conversation with Elder Bednar had you not taken all the steps to get there.

Brandy: Right.

Shelley: What I also recognize in talking to so many people, there's a lot of people that are listening right now, and they're going to say, well, that's fine for Shelley and for Brandy because you guys have these talents, but everybody does have something special.

Brandy: Oh, yes. My mom's like, "I don't have any spiritual gifts." I'm like, "Mom, you are a great baker. You love to cook. You bring things to people and make them feel happy." My husband says the same thing, and I'm like, "No, you are just so outgoing." Honestly, everybody has something.

Shelley: Yes, I agree.

Brandy: To say you don't, that's a lie. You tell yourself it's not true. That's what the adversary would want you to feel is that you don't have those gifts, but you know what, you do. I know you do.

Shelley: Tell me about Good Deed Revolution and then that's not the only nonprofit you're running. Let's start with Good Deed revolution.

Brandy: I started Good Deed Revolution after that conversation with Elder Bednar. Initially, our mission was focused on doing good deeds and helping inspire and motivate others around the world to be the good that we seek. About 4 years ago, my 12-year-old daughter attempted suicide and I almost lost her. It was terrifying. Also, there was so much stigma that I just didn't even want to talk about it. She didn't want to talk about it, and we dropped it and she promised it would never happen again after she got out of uni and Primary Children's and everything. Then I almost lost her again 2 years ago at 14 to suicide again. Thankfully, her friend had the courage to call 911, and the police woke us up in the middle of the night and we found her.

When we got to Primary's, they were so overwhelmed by kids, and especially kids who tried to end their life, they had about 10. I was told that night that they didn't even have a bed for her. It was terrifying. I just thought, "My goodness," life changes so quickly. Your priorities can shift and everything you're doing and what matters most. We're in the hospital and I'm praying to Heavenly Father, please just save my baby. I'll do anything you want. I need my daughter. I can't lose her. As I'm praying, I got this impression or prompter voice or whatever that said, "I'll give you a second chance. There won't be a third. What are you going to do with it?"

Shelley: Oh my gosh.

Brandy: Because this was her second time and we weren't sure if she was going to make it. It was very scary. If she did make it, we didn't know if she'd have long-term problems. The next day I shared on my social media and I said, "Hey-- I had volunteered at the hospital, so I volunteered also at IHC doing spiritual care and Nobody Dies Alone. I did that program for over seven years.

I said, "Normally I'm at the hospital volunteering. Now I'm here as a parent. My daughter tried to kill herself. I don't know if she's going to live. If she does, I need to know what to do. I don't know what to do and I'm terrified." That video went viral overnight, got 15,000 views. I had hundreds of messages, then it was after that I was saying these prayers, got that impression. My friends at NBC saw my social media video and contacted me and said, "Hey, Brandy, we saw your video. Would you be willing to talk on the news about your experience?"

Because I'm used to being on the news I said, "Absolutely not. No way. I'm not going to be vulnerable and share my personal story on TV. It's too painful." I had also told Heavenly Father I'd do anything He wanted. A week passed and they reached back out to me and at this point we knew she was going to live. She was in an inpatient facility getting help. They contacted me and said, "Brandy, it's a huge problem. Nobody's willing to talk about it, will you please reconsider?" I just thought that, "What are you going to do with it?" I figured if I'm terrified, and I'm used to being in front of the cameras, being an open book, and talking, I can't imagine what a normal person feels like.

I ended up reluctantly doing this video I did not want to, but I said, if you're watching right now, and if you're listening right now, this is for all of you. Stop what you're doing and go ask your spouse, your children, your parents, your siblings, your coworkers, whoever it is that you're around point blank, "Are you suicidal?" Don't beat around the bush. After it aired, I got a message from a father. He said, "Brandy, I just watched your story. Thank you. You saved my daughter's life." I said, "What do you mean?" He goes, "I watched it on the news. I went in to check on her right away

like you said, she had written her note and was getting ready to end her life and I caught her right before she did it and got her to the hospital."

Shelley: Oh my gosh.

Brandy: Then I had another family who said, "Thank you for sharing. We talked to our son. He confessed he had made a plan to end his life this weekend. We're getting him help." This is the story of the evolution of the journey. Good Deed Revolution pivoted, I got back and I reached out to all the other non-profits dealing with mental health, suicide, addiction, trauma, trafficking, and I said, "What can I do to help you? I have a video production studio and company I've been producing for 25-plus years. I have a nonprofit." I said, "I'll do whatever it takes because my daughter lived," and a lot of people I'm working with, their family members, or loved ones didn't live.

It's been my way of paying it forward now, for the last two years. We pivoted and we created Live Live, which is an event, but we also have created Mental Health HELPS. The HELPS stands for Heal, Educate, Listen, Prevent, Support. We've been doing video podcast, outreach and just really trying to help people, creating resources, and people can find some of that at gooddeedrevolution.org. It's just my way of paying it forward through my nonprofit. Now I'm on a mission because I just had a friend lose his son just a few days ago, his 17-year-old boy. It's heartbreaking. We're just losing too many people.

Shelley: What is happening? Why so many kids?

Brandy: I'm no psychologist or doctor but I have been working with a lot of them lately. There's several things. Number one being the breakdown of the family. Number two being social media. Three, we devalue life on a grand scale, and we listen to those lies that we tell ourselves and that others tell us that it's just too hard. Lack of sleep, eating bad, there's so many variables, it's really hard. I think families and social media are probably the two biggest contributors.

Shelley: The one thing that I heard you say earlier if somebody's listening to this and they're thinking, "That's a pretty long list you just gave me. I don't know how to protect my kids." Number one, you said, talk openly about it and ask them.

Brandy: Yes. People are afraid that if they ask somebody if they're suicidal, they're going to plant the idea. That's not true. The studies have proven that. You either are or you aren't. Don't be afraid to have the conversation and start the conversation. Somebody goes, "Have a hard conversation." I said, "It's not a hard conversation. It's an important one just like the birds and the bees and talking about other things. This is healthy. We have to be willing to talk about mental health and depression and anxiety and all the things that go along with it, so ask." There's super great resources nobody's heard of or very few. One is NAMI, N-A-M-I.org. They have parenting classes, kids classes, parent and children's classes. Very great resource.

Shelley: Thank you for sharing that. You've been through a lot. I want to go back to you and your story though. You're a 10-year-old girl who wants to be a newscaster,

what a miraculous building block journey. I know we'll ask you this at the end of how you've seen the Hand of God in your career, but as I look at it, and I think you had to start the first nonprofit to learn. If this, what you're doing now was your first step into nonprofit, you might have tripped over yourself a little bit, but you spent eight years learning how to do it. You're actually really prepared to communicate on something that matters even more to you.

Brandy: It is. It's stair stepping. It just really is a journey that goes, "Wow, I couldn't do what I'm doing now if I didn't have my background in broadcast. I couldn't do what I'm doing now if I didn't have my nonprofit." There's no way I'd be doing what I'm doing if I didn't have a personal experience because it's too hard and it's too painful. It was this trifecta that created and allows and Heavenly Father knows. It's funny because, I remember sitting in my car having a breakdown one day going, "Why is all of this happening? Why me? It's not fair. I'm doing everything right," and hearing a voice say, "Do you trust me?"

Shelley: Oh.

Brandy: I was like, "Do I trust you? Of course, I trust you. Then I thought, but why are you asking me that? Because maybe, maybe I don't. What does it mean? I started researching and I found this really great talk from 1995 from Richard G. Scott, who I'd never paid a whole lot of attention to. It talked about trusting in the Lord and what it really meant and what it means is submitting. In my book, I was taught to submit was bad. That was in sports, it means you lost, it means you got pinned, or whatever it was. I had never learned up until about seven, eight years ago what it really meant to submit.

Once I did that, meaning fully trust in the Lord, and know that it's not what I think is right or best, it's what He thinks. He sees a big picture and I only see a piece of it. You just have to move forward in faith and ask Him to guide your footsteps but you can't ask Him to guide your footsteps if you're not willing to move your feet. I've been moving forward in faith for the last several years just saying, "Wow, none of this makes any sense to but if this is what you want me to do, I will do it." Then you sit here one day and you go, "Wow. A lot of that never made sense now I see the picture."

Shelley: Makes a lot of sense. You're a very strong woman. What strikes me is that the promptings and the messages that you've heard in your life have been pretty strong.

Brandy: I don't know if the still small voice would get my attention like the loud, booming-in-your-face messages have been.

Shelley: Because of your line of work, pretty concise, pretty sharp, pretty to the point.

Brandy: No beating around the bush. That really is kind of the person I am. I think I appreciate that.

Shelley: Can you tell me about a leap of faith you had to take to get where you are now?

Brandy: Honestly, just joining the army. I was 17 years old. I was just a kid. I was like Private Benjamin, if anyone's ever seen that. I didn't know what I was doing. That was kind of my first leap for it, but outside of that the leap of faith that I really had to take was when I got back, I was working here. I remember saying, I want to go be a news reporter and I want to go work in Phoenix. Everybody told me that that was crazy. "You're ridiculous, Brandy. You can't just jump from-- In TV, there's market sizes. You have to go from a really small market to a really small market. You work your way up. You can't go from a top-10 market.

I was saying, I want to go to Phoenix. I had naysayers tell me you'll never get hired in Phoenix. Don't even waste your time applying. I thought you know what? You miss 100% of those shots you never take. So what? Take a shot. The worst that can happen is what's already going to happen if you do nothing. I applied at five of the TV stations in Phoenix, and I got three job offers. I got to pick what I wanted to do. That was my first thing is I would say I never listened to the naysayers.

When I went to build my studio in Salt Lake six years ago, it was a big leap of faith because I had never done that. I had to take all this money and build it out, and I wasn't sure what I was going to do and if it was going to be successful. I even had a friend, I'll use that lightly. He said, "You're an idiot and I'm going to hate to see you waste your money unless you have at least a million dollars to throw into this thing, you're going to fail and it's going to be painful."

I've been profitable since I opened up. I made more money doing this than I had at any other time in my career. He ended up coming two or three years after I opened it. He said, "I owe you an apology."

Shelley: Oh, that's good.

Brandy: I think, never listen to the people who tell you no. The answer's always no if you don't try. That was a leap of faith for me.

Shelley: I love it. What's an unexpected blessing then? Something you just couldn't see for yourself?

Brandy: I think you see, I've had lots of unexpected blessings. If you want to hear a really funny story, I had applied at the church for about three or four years trying to get a job and it was really tricky to get in. I had to go cover Elder Maxwell's funeral, as I mentioned. I got sent there late, I had put on a suit that zipped up the back, I ran up the platform, and halfway through the service, the wind started to blow.

I felt a breeze and an area of the body, you shouldn't fill a breeze. I reached back and the zipper on the back of my suit had completely come down. Who knows how long I had my fanny out and I zipped it up as quick as I could, and I was absolutely humiliated. Then, funny enough, I ended up talking to the people and got offered a job. I don't know if this is appropriate for your podcast, but I would not have had that opportunity to work for them, at least not at that point in time, which gave me all the blessings and helped me land where I am today.

Shelley: I love that. Well, finally, my last question is, how have you seen the hand of God in your career?

Brandy: Oh gosh. I think the better question would be, how haven't I seen Him? In so much. There's been times where I was broke down thinking this isn't what I wanted. I wanted this. I thought I was going to be the main anchor of *The Today Show*. I'm not doing that. It was really, really hard. Then you get to a point where I think if you really start looking for the good in everything. I've started doing this thing called the "Power of Three."

The end of each day I try to find three things that I'm really grateful for. Three goals that I want to accomplish, and three people that I appreciate or want to reach out to. That's helped a lot. I just look at it now and go, there was no other way. I couldn't have plotted this path, but Heavenly Father knew every experience, challenge, win I needed to get me where I am today to be able to help and bless and learn and grow so that maybe I can become who He needs me to be so that I can help others.

Shelley: I love that. Thank you so much for being on this show with me.

Brandy: It's my pleasure. Thank you for doing this. If anyone has questions or ever wants to reach out to me, they can. I'm on the social medias under Brandy Vega. If anyone wants to talk about suicide prevention, mental health, adoption, surrogacy, foster care, any of those things, I'm happy to be a resource.

Shelley: You are the best. Thank you so much.

Brandy: It's been a pleasure. Thank you.

Shelley: I want to thank Brandy for sharing her journey and for the good work she's doing. I think we made this point, but I want to echo it here. It is a journey. I believe that I walk forward in faith taking one step at a time. I was reminded today while reading my scriptures, that lately, I've been asking more about where I'm headed than focusing on the steps I need to take to get there.

I guess you can tell, I've been doing a bit of a deep dive in my scriptures, but in 1 Nephi 4:6, it says, "I was led by the Spirit not knowing beforehand that things which I should do." Nephi only got there after he'd exhausted his own solutions to the problem. I think I want to know, but do I? Imagine if the Lord actually did tell us where we're headed. Would Brandy have been prepared for the road ahead, knowing what she was about to face?

We want the highlights for sure, but knowing the lowlights that drive us forward and propel us to share even more important messages, well those might deter us from pushing forward at all. How often do we avoid things that we don't want to do, even when we know they're good for us? That surgery we don't want to get, the workout

we don't want to do, the class we don't want to take, the relationship we don't want to mend, or the phone call we don't make. You name it.

Not knowing what's coming allows God to work in our lives and gradually prepare us and strengthen us for the path ahead. If we involve Him in the process, the destination will be amazing, but the road could very well be rough. That's what *Faithful Career Moves* is about. Asking for the next step and having enough faith to move our feet.

A quick reminder, I'll post all of the resources that Brandy shared and others in the show notes. Thank you again to Brandy. Thank you for being here and thanks for listening. Thank you for listening to the *Faithful Career Moves Podcast*. If you want to know more about how to connect your natural talents and abilities to job opportunities and business ideas, then visit our website at faithfulcareermoves.com.