

Hidden Potential: The Quiet Power of Being an Introvert

How Rebecca Greenhalgh overcame debilitating shyness to succeed in a dream career at Harvard Business School Online

Guest: Rebecca Greenhalgh

Shelley Hunter (Host) 00:02

You're listening to the Faithful Career Moves podcast. I'm your host, Shelley Hunter, and this is where we talk to people who have seen the hand of God in their lives and particularly in their careers.

Thank you for joining me on Episode 44 of the Faithful Career Moves podcast.

Today I'm interviewing Rebecca Greenhalgh. I'll let Rebecca explain what she does for a living, but a thought I want to share going into this interview is how important it is to find work that you love, but that also aligns with your preferred work style and personality.

00:34

I've mentioned before that I'm a Gallup Certified Strengths Coach, and the reason I love the Gallup or Clifton Strengths approach is that it helps people identify their natural talents and abilities.

There are 34 strengths, and at the top are those things that you're just so naturally good at, you can't help but do them, and you've been doing them your entire life. It's easy to guess sometimes what those are because people tell you, they point it out to you all the time.

And the strengths at the end of the list, well, they're not there for you to see them as weaknesses. But rather for you to realize they just aren't your superpowers. And that's important because rather than spend time trying to make yourself all-around good at everything and every work environment and every style, you want to lean into those things that you're naturally good at. In fact, as you do that, you'll find that life is much more enjoyable, work is more successful, and your relationships can improve as well.

01:32

So what does this have to do with Rebecca?

Well, as Rebecca shares the story of growing up shy, I'm thinking some of you might connect with this or have children who are a bit shy themselves. But, as you'll hear in this interview, Rebecca not only learns how to deal with her shyness but eventually realizes it's one of her gifts.

So let's get to the good part.

I asked Rebecca to start us off by sharing what it is she does for a living.

Rebecca Greenhalgh (Guest). 02:00

Right now, I work for Harvard Business School online, and that is under the umbrella of Harvard Business School (HBS), which is under the umbrella of Harvard University.

So everything that we do at HBS online aligns with what they do over at the business school, and we work with faculty members there to create online courses that align with their in-person MBA classroom courses. The whole impetus behind what we do at HBS online is to make these world-class faculty members available to a worldwide audience.

Not very many people get into Harvard Business School, as you would imagine, but anyone can take our courses, and so when I saw this job posting during the pandemic, I just knew in my heart that that was something I would love, and it's turned out to be true in more ways than I can imagine.

Shelley 03:01

I love it. Take me back so we know how you got to Harvard Business School.

Rebecca 03:05

No problem.

So when I was young I would probably quantify myself as the most shy person on the planet. So literally I would not look people in the eye. I remember being very, very young. I don't remember what caused this. Like my family was wonderful; they were loving, they were inclusive. When somebody would knock on the door, I would run and hide in my toy box in the closet and my mom would come up. She knew exactly where to find me. She would take me from the toy box in the closet and take me downstairs to meet these wonderful people that would come to visit. Really, really. One of those things that I couldn't quantify. I just remember having such a fear of people in general. I loved to be myself, I loved to be with my family, but other people outside of that bubble just made me nervous. And again, no good reason for that, except that I was very, very shy.

04:06

So growing up shy, you have to really push yourself constantly to be in social situations. So I'm an introvert at heart, and yet I still had to go to school, and I would go to church, and I had to put myself in these situations that would take me out of that bubble bit by bit. And as I got into high school, and especially in college, I started realizing that no one was going to take that journey for me. No one was going to pull me out of that introverted, super shy bubble except myself. And so I started putting myself in situations where I would have to practice being an introverted extrovert and that started making a difference. So I got a job in college working with collections at the BYU bookstore, which was very different than anything I ever saw myself doing, and I became really good at it. I became really good at not only talking with people but working with people with difficulties and whatnot, and I really enjoyed that.

05:15

And as I continued to go through my college career, I majored in international marketing. I saw myself going into an MBA program eventually and I just really loved business. I really loved accounting. Interestingly, I really loved these things that allowed me that opportunity to work with people but also work in kind of a space that would give me just a layer between that outside world. So I had in mind that that's what I would do.

05:49

And at the very end of college I ended up meeting my husband and we got married, moved back to Seattle where I grew up and I got a job at a company working internationally. We were aiming to bring Mongolian cashmere to the United States, and that was just fraught with a number of difficulties. I thought I'm really prepared to do this, and I was so excited. And then my husband got accepted to a program out in Boston. Like oh, wait, a second, I don't know that that's a path that I want to take. And yet I had this undeniable sense that that's where we were headed, and that's what we were supposed to do. So I ended up quitting my job, put my MBA hopes on hold while he went back to school and got this master's program, and that's what started my journey to Harvard and Harvard Business School.

Shelley 06:47

Wow, okay, I have a lot of questions here. First of all, that was very mature of you to realize that you needed some extrovert qualities.

Rebecca 06:57

Well, this was a lifetime of living in shyness, and for any of your listeners who understand what that feels like, it can be really debilitating to be so shy that you literally don't want to be around people. I would look around me and see other people being successful by being extroverted and I thought I know what I want to achieve, I know what I want to do, and it just felt like that next step to be able to take me to that place and get there, I suppose. So I don't know that I look at it and think I

was overly mature. I think I was highly immature when I was in my school and college, but I also have always been very goals-oriented, and so I think I was just looking forward and saying where do I want to get to and how am I going to get there? That's something that I've always been very good at.

Shelley 07:49

Yeah, have you read that book Quiet?

Rebecca 08:00

No, I have not. I read it and it's helped me to understand people. It's called Quiet the power of introverts in a world that can't stop talking.

Oh, I'm going to get it now.

Shelley 08:05

Yeah you would love it, but I think we know so much more now than we used to in terms of you know somebody shy and you're just like come on, get over it. And now we're recognizing, oh, they're anxious, or they're nervous. And it really doesn't help to force them into a situation that really makes them feel uncomfortable.

Rebecca 08:20

Absolutely true. And what you learn over time, too, is I've really learned to lean into my understanding of what my strengths are—being an introvert—and where I really do need to come outside of that and be extroverted. And then recognizing it's okay to go outside of that introvert bubble for a minute and be in that place that's maybe not my most comfortable to achieve something, because there's a lot of superpower in my introvertedness that allows me to connect with people on a deeper level, and I've really appreciated that. So I feel like I've had the opportunity to lean into my strengths as an introvert, which I didn't really have when I was young. I just didn't have those tools and those skills when I was a young child. I still had a wonderful childhood. I just loved being by myself.

Shelley 09:13

But I hear what you're saying because it takes time for us to understand. This isn't a negative thing about me. It's actually my superpower, but I have to learn how to use it as a superpower.

Yeah, but I also really love that strategy you came up with and the way you said it, that you looked for jobs that put a layer between you and an environment that, like an extrovert, would love, so you could work deeply on your own or with just a few people.

Rebecca 09:40

Exactly true, and in my current position now, it literally is the perfect mix of that. I'm a content developer, and so what that looks like is I literally partner with HBS faculty and work through their MBA classroom course materials with them, but then have to bring that to life in our course platform. So I am writing a lot, I'm researching a lot. That is absolutely my happy place. I love doing it, but I also have to meet with the faculty on a regular basis. I have to meet with my internal teammates on a regular basis, and I have to go out. You know we're often traveling to do protagonist and expert interviews as well, and that could look like interviewing a CEO or a brand marketing manager or a VP of strategy or what have you. So I really have those opportunities to push myself. But then I also have that ability to really lean into my strengths, which is, like I said, writing or that quiet work I have a chance to do as well.

Shelley 10:46

Yeah, I love it so okay. So you get to Boston, and you're newly married. So what happens?

Rebecca 10:52

So that was a super interesting journey. So, going over to Boston, we had a Bronco at the time, and we rented a travel behind U-Haul, put in all our possessions, and off we go. And three days later, we ended up in Boston and, if I'm not mistaken in the timeline, I think it was a day or two before my husband started school, and so he has this automatic community that's a framework of people. He has a schedule, he knows what he's going to be doing, and we didn't even have an apartment yet. And so the first day we went straight out and we started looking for an apartment.

And so in Boston traffic lights are very different than the West Coast or anywhere I have been. So all the lights are on the side as if it were a stop sign. So it's super easy If you're not paying excellent attention to this stoplight, which we did. And we went through an intersection and got in an accident. This was, I need to remind you, the very first day that we were in Boston.

Shelley 11:56

And you're young, right? You've just graduated college. Oh my goodness.

Rebecca 11:59

We were both young, 3000 miles away from home. Ever so luckily, we did have a friend out in Boston that we knew from BYU. He was letting us crash at his place for a couple of days, and the car was totaled. And now we have this U-Haul parked at a home, and we've totaled the car. It's our first day in Boston, and my husband has to start school the next day, and so the car gets towed.

12:27

Bryce's brother came down from Maine and he just sort of scooped us up and helped us that whole next day. We looked for apartments. We found nothing and we ended up staying with a member who happened to be the branch president of the Boston branch at that time. He was so lovely, and his wife was so lovely, and I don't know how to explain it more than I just felt like they put their arms around us and they just didn't let go until we had our feet on the ground again. They just had a guest room. They allowed us to stay there.

13:02

It was out in a place called Newton which was a little bit of a jaunt back into Boston University. We didn't have a car, so we take the train, the bus, and whatnot to get in there. Every day, I would go in with Bryce to school, and from there, I would grab a paper, and I would go look at apartments. And I just remember thinking, oh my gosh, I cannot believe this is my life right now. But here we are, and so that's what started our journey into Boston. It was not an easy entry into Boston. It was super challenging, yeah.

Shelley 13:38

And here you are, this little introvert, and you're the one having to do all this by yourself.

Rebecca 13:44

Exactly true. And Heavenly Father knew exactly what he was doing. He knows our lives in ways that we cannot see, and we cannot imagine. And I know he knew I had more to give, that there was more inside that I could continue to develop. Now I can look back at that and say, wow, I'm thankful. In the moment I was everything but thankful for that experience because there was such a hard entry. And like I said, my husband had all the support around him and just felt like I had no support there, right?

Shelley 14:20

This happens a lot. When a young couple gets married, they go off to one of their jobs—it's more frequently the husband, and they have a life suddenly. They have a schedule, and they have goals, and they know when they have to be places. And the other person is, "I support this, but now I'm not sure what to do with myself."

Rebecca 14:43

100%, and there was never a time when I thought this was the wrong path.

That is something that kept me really grounded during that time is feeling like I knew that I had an answer in my heart that this was right thing. It just took a while for that to manifest itself. So we finally found an apartment. It ended up being literally the perfect place. It had parking. We eventually got another car, and the reason, I add, "and it had parking" is to find in Boston parking also, is just an unreal thing.

15:13

I was still without a job. So the first thing that I decided to do was work for a temp agency until I could find something. We've got to be bringing in money. So a temp agency that'll give me an idea of what kind of companies are in Boston, what seems interesting. And I'd worked for a number of different companies, and then I landed at this one company that was a biomedical company over in Cambridge. And I remember going there and immediately, I just did not like it, and it didn't make sense at all because I thought, well, I need a job, they're offering me a temp job and I'll take whatever because I just need a paycheck. And there was one day, I think it was the second day I was there, my supervisor came up to me and said "so I need you to file this pile of paperwork. And she said do you know how to alphabetize?"

Honestly, that was my rock bottom moment because I thought, "I don't think I can do this." I don't, and no job is too small. I absolutely will file things if I need to file things, but I just think this isn't a fit. I know this isn't a fit. I need to stop doing this.

16:23

And I ended up quitting that temp position and going and finding a temporary agency that actually worked through Harvard Business School, and I thought you know, it's closer to where I am. Anyway, it was a very, very short commute to get to HBS, and I got a temp position. Every week at Harvard, they would print this newsletter that had openings around the campus, and Harvard Business Publishing is part of the umbrella. And I remember seeing this job for a part-time editorial coordinator, and it was that same feeling I felt with coming to Boston. I was like, "I think that's my job" and everything inside me screamed "no, that can't be your job because, remember, you need to be working full time. We need the money. That's really what we need to be doing right now."

17:11

And not only that. I really wanted to build my career. I wanted to build what I wanted to do, but I just felt this undeniable sense of "no, that's exactly the right job for you." So, against all odds, I applied for that job. I got that job and the whole journey and this is where I felt like Heavenly Father came in so big for me here because that entire process, I felt so calm. I felt so at peace. I even didn't worry about the part-time, I just knew that that's where I was supposed to be at that time.

Shelley 17:46

I love that. I love that you saw it so early, and those not making sense moments are just a little bit easier to take when you definitely feel like there was some sort of inspiration. All right. So what happens next?

Rebecca 18:04

In the not too far future, I started working full-time. Loved it. The company morphed and grew, the project morphed and grew, and I just thought I could really see myself

in business publishing. I felt really grounded at that point in what I was doing and the trajectory of where I was going. And Bryce ended up finishing school and I ended up pregnant with my first son.

I really was planning on juggling kind of being a full-time mom with being at least a full-time or part-time worker until he was born. And when my son was born, I remember looking around and hearing the stories of other people's baby experiences. I'm like this isn't the same as other people's and I couldn't quite figure out myself. I couldn't figure out him. He cried constantly. He has turned into since the loveliest of adults, but he was a super, super challenging baby and I just thought, "oh my goodness, I am so tired I can barely think and be a mom. I don't know how I'm going to do this going forward."

And not only that, I didn't have any family support out there. So we really thought and prayed about this pretty seriously. My husband ended up getting a job out in Seattle and we decided at that time that we would take off and go to Seattle and then I could focus on this baby for a while and sort of let things unfold. So I was home with him, solely doing just full-time mom for about three years.

19:40

My daughter was born at that time and my good friend, who now worked at HBS, reached out to me and she said "we have a project that we're working on. You would be a perfect part of the team. Are you interested?" And it was that same feeling I thought "my son's a little older. I absolutely feel like I can juggle this. I would really love to be back in the workforce." And I just jumped in with both feet.

20:05

And that's when I started working contract for Harvard Business School and literally did that all the way up until the pandemic. When the pandemic hit, everybody that was a contract employee that wasn't deemed absolutely necessary was let go. And I was one of those people and I remember thinking, "oh my gosh, this is my job. I've done it forever. I saw myself doing this forever."

The pandemic was hard on everybody, but it just felt like a double blow and I didn't quite know how to handle that. So I stepped back. I did an awful lot of yard work during that time. I'm like I just need the sunshine, I need to just breathe and just recognize that there's always been a path, there will continue to be a path. I just need to dig in and find what that path is going to look like.

20:56

And I remember seeing this job for HBS online and, as I think we tend to do as women, I shouldn't speak for other women. For me, for sure. I have friends that do the same thing. I looked at the job description, and I thought I don't fit every single one of these things and so maybe I shouldn't apply. I don't know if I would make it and maybe I shouldn't. And I went back and forth for a couple of days but I just thought, wow, that job looks so great. I really have to apply, but I didn't hear back

from them for like two months, and I just remember feeling so deflated. It sort of reemphasized see, I knew I wasn't a fit you know all those things that you do to yourself.

21:40

I just wasn't a fit. But, wow, I really wanted that job and I was applying to others and whatnot as well. And then they called me and I got the job.

Shelley 21:50

Amazing, from the way you explained it, you and your husband seemed to partner really well because you went with him to Boston. But when you had a child he recognized that if you were going to be home with the kids you needed more support and he was willing to shift his career to accommodate that. Am I right?

Rebecca 22:08

Yep, exactly true. In our marriage we are really different people. He is calm and cool and collected. I'm that five years into the future forward thinker and I tend to worry more and I tend to be more go, go, go and in that moment he really did lean into what's going to be the best thing for the family at large, which I appreciated. There are times I'm thinking it would have been really lovely to stay in Boston. But I look at that and I look at the journey that we took and I especially look at my oldest son, flash forward a number of years. He has high functioning autism and I think had we not been around family, had my husband not seen that that's something that we really do need at that time, I think he would have suffered.

23:00

So, as a family, it was for sure the right thing to do at the right time, at least for me. I always wanted to do it all and in those moments I realized there's going to be a time when I can do more, and that's my now that I'm doing that. Back then. There was that time I needed to stop and put everything on hold that I wanted to do professionally, educationally, and whatnot, so that I could focus in a different direction. And I look back at the time that I was able, even though I was working as a contractor in a part-time capacity, my number one focus was supporting my kids in that journey, and especially him.

23:43

I ended up homeschooling a couple of my kids at different times, him kind of from third grade all the way through until he went to running start .And at time was also exactly what I needed to do, and I'm so thankful that Heavenly Father sort of guided that journey all the way along. Not that it didn't take work. I don't want to make it seem like this dreamy. No, it was a lot of hard work, a lot of days and nights on my knees, saying, "I don't know what I'm doing." But I look back and I look where I am and what I'm able to do professionally now and I just look up and I say "Thanks, Heavenly Father, because I didn't see this coming."

Shelley 24:23

Yeah, yeah, I love it. What advice would you have for somebody who's listening to this and they have, I don't know, similar aspirations or just anything that you learned about that process. What advice would you give to somebody?

Rebecca 24:37

That is such a good question. My older self would tell anybody, and including my younger self, just to take a deep breath, especially somebody like me that has those forward looking tendencies. I want to plan, I want to think forward, I want to see the future of me. I am the type of person that literally when a book gets too stressful, I will read the end of it. So I can. I am not even kidding.

25:06

And so this thing called life is really really challenging, and there are some decisions that you make that are really linear.

25:16

You gather the variables, you make a decision and you move forward.

25:21

But 90% of the other decisions that you will make—it's not a subset of the variables that are going to lead you to that conclusion or lead you to a satisfying decision, and what I found in my own life that I really have to lean into is just having faith in that next step.

25:42

So one of the things I do in my outside work life is I also teach seminary, and so it gives me an opportunity to really deep dive into the scriptures all the time, just because I'm a good teacher. I want to be on. I want to be a good teacher. I want to really know what Heavenly Father wants me to teach, but I also want to know for myself what to teach. And a couple of videos that I came upon a few years ago were videos through a three-set video by Elder Bednar called patterns of light. And I love them so much because there's a point in this video where he says, "I don't know about anybody else, but for me, I literally have enough light to see that next step that I need to take."

26:26

"And as I take that step, the light unfolds, and I see the next step." And so if there were advice I was giving to somebody or my younger self, it would be continue stepping and the light will unfold as you go.

I was reading in my scriptures the other day and I don't ever do this where I'll just open the scriptures because this never has worked for me before but I thought it was

interesting this week that when I opened my scriptures I turned to scripture in 1 Nephi. I think it was in the middle of the chapter 15 or 16, where Lehi is talking about the Liahona, and his father had just gotten that. They were trying to figure out how to use their faith to move forward.

27:12

And there's a part where it says that only way the Liana worked was according to their faith and diligence. And when something is repeated in the scriptures I always take notice and he says it twice and it just hit me so powerfully. That is exactly what Heavenly Father is looking us to do on our own lives, whether it's professionally, or whether I decide to have kids or not have kids, or whether I decide to work or not work. All those things are going to come to you, but we have to step forward into that face space to get those answers.

Shelley 27:46

I love it. You've almost answered my three final questions, but I'm going to ask them anyway. Tell me about a leap of faith you had to take to get where you are now.

Rebecca 27:57

In probably 2015,. I was working my max. I was homeschooling the kids. Two of my kids were in competitive jump rope. I just felt like I was completely maxed. And I got an email from somebody at Harvard Business School Executive Education asking me if I had the bandwidth to add maybe another 10 to 15 to 20 hours, depending on the week of work each week, and I sat back and I thought, "oh, not a chance."

28:27

But at the same time, I had always made it a matter of course that if Harvard came to me with a project that I would say yes. That's what I went into it thinking, and I always tried to make that work, even if I was working kind of late at night when the kids went to bed. And I stepped back from that one and I thought "I just don't think I can do this, I don't have the capacity, there's no way." And I decided to just lean into what I had always felt. Nope, remember. I say yes to opportunities, so I'm just going to say "yes" and dive in and see what happens. And I did that and two months later my husband lost his job. And I look at that and even now it just makes me go whoosh.

29:14

I am so thankful that I took that opportunity when it did, because it allowed us the chance to let him get back on his feet without the panic. And that experience that I got at exec ed, I think, was fairly pivotal in me getting my position now. And so it gives me a moment where I think I need to remember to trust Heavenly Father's timing, and if an opportunity comes my way and I feel OK about it, I need to jump in and take it.

Shelley 29:46

Yeah, yeah, that's important. What is an unexpected blessing and you just couldn't see for yourself in doing all of this?

Rebecca 29:53

Oh, there's so many.

29:55

I think probably something unexpected is just how much I'm enjoying crafting relationships with the many people that I get to work with.

30:04

Recently, probably around two, three weeks ago, I had the opportunity to travel to Istanbul to conduct a couple of interviews that we had with a company out there called Mavi, and it was the first time I had traveled solo on that kind of adventure, probably since I was in college. And I was really really nervous. I remember getting to the airport that morning and thinking, "oh my gosh, I am in way over my head here." And this is me now. This isn't even me in college.

And I just had to regroup. And luckily the plane ride over there is super long. And I got there and I just thought, all right, I've got to bring that same tenacity that I bring to my work, that I bring to this adventure. And it ended up being just so fulfilling in so many ways. And there's times where I think I can't believe I get to do what I get to do and the people I get to meet. I feel so blessed and so lucky and that also helps motivate me to **do the best job that I can.**

Shelley 31:12

I love that. So how have you seen the hand of God in your career?

Rebecca 31:18

Oh goodness, I have seen him so often in my career and I think for me personally, I usually see him looking backward and I'm hoping that I get better at seeing his hand in my career in the exact moment, like I'm really striving to do that. One decision I'm grappling with right now is that I've felt for a while (probably for the last, maybe year) that I need to go back to school, and I'm not exactly sure what that is going to look like. But I'm really trying to lean on my experiences with Heavenly Father in the past to propel me forwards and allow him to guide that path, but also be strong enough to make the choices that I need to make and not be afraid of the work that that will entail—but really recognize if He put something in my path, it's something that I'll have the capacity to do. And so I'm trying to do that, looking forward. But I certainly see him through not only my work journey but, as I said, with my children's journey as well, and that's been something I so appreciated and so loved about that as well.

Shelley 32:36

Yeah, I've been on a quest to see God's hand in the moment too. More often, it's later, after the kicking and screaming and crying, do we see his masterful plan unfold, and then we say thank you.

Rebecca 32:49

It's exactly true. And then having that moment of gratitude to say, oh, thank you so much. I didn't know what I didn't know, and I think that's exactly one of the things I know that Heavenly Father is at least trying to teach me. I've said this a number of times, but I am a person that looks forward. That's good, and it's not good, because I think that what He's trying to teach me is live in the moment as well. Yes, it's important to have goals. I am a hundred percent a fan of goals. Yes, it's important to look forward and realize where you might be going, but also really recognize that now is where you're going to have the most power. Now is where I'm going to get the most traction going forward, and so really make sure that I have quite a bit of energy that lives now as well.

Shelley 33:40

So good. Rebecca, thank you for being on this show with me.

Rebecca 33:44

Thank you so much, Shelley. Like I said, I'm such a fan of your work. I love what you're doing and I'm so honored and feel so thankful that you chose me to be part of this podcast.

Shelley 33:55

I love it, thank you.

Rebecca 33:57

Thank you.

Shelley 33:59

That's such a good story.

Let's talk about God's timing for a minute. Rebecca mentioned a couple times how she sometimes had to wait for something she wanted, or an opportunity came earlier than she wanted—like the job she applied for but didn't hear back for two months. Or when she got asked to do a project when she didn't think she could handle any more work, and yet she felt prompted.

Both times I thought about this. Today I'm working on a project and we interviewed an applicant a couple of days ago. She did great actually, but then the next day I needed to check her references and I was so swamped with other projects that I didn't have time to do it. Then I also got a couple of other applicants and I needed to review their resumes, but again I was so busy I didn't get to any of it, and I thought

that first woman who applied is perhaps thinking she should have heard back by now, and now her mind is racing with things she should have said. Or maybe they didn't like me, but I've literally been too busy to continue with her application process. And I'll get there. That one just had to wait.

35:09

So when you apply for a job or something you really want, it's often your number one priority. It's all you can think about, but the person who needs to get back to you has a bunch of stuff to do. As my boy on a mission would say, "you gotta trust the process." Or, as the note on my mirror says, "be happy in the waiting."

Rather than stressing and wondering why you didn't hear back, believe that the right thing will happen for you at the right time. And if you do get an opportunity and feel compelled to take it (like the one Rebecca got, that really saved their family financially when her husband lost his job), have the courage to trust that process too.

God knows the puzzle pieces that are being put in place, so trust it. And if you do feel nervous, then say a prayer of thanks or ask for a bit of comfort and then put your head down and get to work or go serve someone or just try to be happy in the waiting.

36:11

I'm so thankful that Rebecca shared her journey with us and the example of learning to understand her shyness as being introverted. Remember there was nothing wrong with her. She said it herself. There was nothing wrong with her childhood. She's just an introvert. Many people are and she learned how to embrace that quality and see the gift that it is in her life, and I'm guessing those people she connects with deeply also appreciate her ability to do so.

Alright, that's it for me. Thank you again to Rebecca, and thank you for listening.

Thank you for spending time with me on the Faithful Career Moves podcast. I hope you will discover one story at a time, that God cares deeply about the details of our lives, especially something as important as using our talents and abilities to support our families, serve others and build up his kingdom on this earth. And if you are a stay at home mom who feels inspired to stretch yourself professionally, visit FaithfulCareerMovescom to learn more.